

THE STRIVING

MUSLIM ACADEMY

Islamic and Academic Education

ISLAMIC EDUCATION · TEXTBOOK

Hifz & Muraja'ah Semester One

Intention, one mushaf and a fixed hour, then the method itself: sabaq for the new portion, sabqi for the week, manzil for the year.

WHAT IS INSIDE

- How this book is used beside the workbook
- Four units, twelve lessons, each one taught in two pages
- Worked examples, and the words of every lesson
- What the workbook asks of you, week by week
- The curriculum this book is built on, in full

The Striving Muslim Academy

Built on the Academy's own Islamic Education Curriculum, and keyed to the workbook of the same semester, week for week.

strivingmuslimacademy.com

2 WEEK TWO

One mus-haf, never changed

One mushaf, one print, and why it is never changed

The page is part of the memory

Memory is not only of sound. When you have held a page for a while you also hold where things sat on it: that a verse began halfway down the left side, that a particular word fell at the end of a line.

This is not a weakness in how you memorised. It is how memory works, and good memorisers use it deliberately rather than apologising for it.

What happens when the print changes

Change the mushaf and every one of those positions is wrong. The words are identical and the page is not, and a student who has memorised fifteen juz from one print will find themselves hesitating in places they have never hesitated before.

The hesitation is not forgetting. It is the loss of a second system that was quietly supporting the first, and recovering from it takes months.

So: one mushaf. Write your name in it. Do not memorise from a different print, from a phone, or from a friend's copy, even for one session.

Which one

Choose a print with clear lines, a size you can carry, and a layout where each page ends at the end of a verse if you can find one. Many students use a fifteen line Madinah print for exactly this reason.

Ask your teacher before you buy. Changing in week three is a small cost. Changing in year three is a large one.

The words of this lesson

TERM	WHAT IT MEANS
Mus-haf مُصْحَف	The written copy of the Qur'an. Said mus-haf, with a saad and a haa.
Juz جُزْء	A thirtieth of the Qur'an.
Hizb حِزْب	Half a juz.

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WEEK SEVEN

Why yesterday is lost first

Why yesterday's page is lost faster than last year's

New memory is fragile

A page memorised yesterday is lost faster than one memorised last year. Every memoriser discovers this and many conclude something is wrong with them.

Nothing is. Recent memory is weakly held and becomes strongly held only by being used repeatedly over time. Old memorisation that has survived a year has already been revised many times; that is why it is strong, not because it was learned better.

What follows for your week

If recent memory is the fragile part, then most of your revision belongs there and not in the oldest material.

This is the reverse of what most students do. Revising the old is pleasant, because it goes well. Revising last week is uncomfortable, because it does not. The discomfort is the signal that you are revising the right thing.

The Prophet's own comparison

Abu Musa al-Ash'ari reported that the Prophet ﷺ said to keep hold of the Qur'an, and that by the One in whose hand is my soul, it escapes faster than a camel from its tether. **Sahih al-Bukhari 5033.** Ibn 'Umar reports a similar comparison; **Sahih al-Bukhari 5031.**

A tethered camel is not lost through carelessness in any dramatic sense. It is lost because nobody checked the rope. That is exactly how memorisation goes: not in a crisis, but in a fortnight when nothing in particular happened.

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10 WEEK TEN

The manzil cycle

The manzil cycle: everything older, on a written schedule

The third part

Sabaq is today. Sabqi is the week behind. Manzil مَنْزِل is everything older: the whole of what you hold, passed over on a schedule.

These three are the method. Students who know only the first two memorise well for a few months and then begin losing the early material quietly, from the bottom.

Setting the cycle

Decide two things: how much manzil you recite each day, and therefore how long one complete cycle takes.

A common arrangement is a juz a day once you hold several, which passes over everything in a month. Early on, when you hold two or three juz, the cycle will be much shorter and should be.

What matters is that the longest any portion goes unrecited is a number you know. If you cannot say that number, you do not have a cycle; you have intentions.

Writing it down

Write the schedule out in full for one complete cycle: which portion on which day. Not a rule in your head, an actual list.

A rule in the head bends under pressure and you will not notice it bending. A written list is either followed or visibly not followed, and both of those are useful.

The words of this lesson

TERM	WHAT IT MEANS
Manzil مَنْزِل	The older material, revised on a fixed cycle.
Khatmah خَتْمَة	A complete pass through what is held, or through the whole Qur'an.

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SAMPLE PAGES

You have read a few pages. The book is longer.

What you are holding is a short sample, taken from different parts of the book so that you can see the teaching, the exercises and the standard of the Arabic before you decide.

The complete book, and the rest of the set, are on our website. Nine subjects, four semesters each: a textbook that teaches the week and a workbook that examines it.

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If your child studies with us, you do not buy these.
Families enrolled in our Islamic Education classes, and members of the homeschool community, are given the current semester's books at no cost, inside the classroom their teacher already uses.

Our Islamic Education classes are free. These books are what pays the teachers who teach them.