THE STRIVING

MUSLIM ACADEMY

Islamic and Academic Education

ISLAMIC PROJECTS FOR CHILDREN AND PARENTS

My Hajj and Umrah Model

Build the journey of Hajj, one place at a time

WHAT IS INSIDE

- The Ka'bah
- Masjid al-Haram
- Safa and Marwah
- Mina
- Arafah
- Muzdalifah
- The Jamarat
- The Hajj journey map

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Ages 6 to 12, done together with a grown-up

Written for a parent teaching at home. No training assumed, and nothing else to buy.

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MY HAJJ AND UMRAH MODEL

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For the grown-up

In this book your child builds a table-top model of Hajj, one place at a time. There are eight projects. Do them in order, because each model joins the journey map in Project 8. Most projects take about an hour.

Your part is to read each project with your child, do the jobs marked for the grown-up (printing, scoring folds and cutting cardboard), and talk about each place as you build it. Ask: what did the Prophet (peace be upon him) do here? What did the pilgrims do? Which du'a would you make here?

This model is for learning only. Tawaf is done only round the real Ka'bah, so we never walk round the model or move anything round it. In the same way, nothing travels along the sa'i track. The arrows show the way, and your child ticks the paper lap boxes while reading.

Where the schools of fiqh differ on a detail, this book describes what the Prophet (peace be upon him) did, from the hadith, and says: "Ask your teacher about the details." Please take those questions to a teacher you trust.

There are no people in the drawings or the models. Arrows show where pilgrims go. If you can, look at photos of the real places together, and let your child find each part of the model in them.

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Lab rules for every project

- Wash your hands before and after each project.
- The grown-up cuts the cardboard and scores the fold lines.
- Use round-ended children's scissors.
- Keep pebbles, stones and clay out of reach of babies and toddlers.
- The models are for looking at and learning from. Nothing moves round the model Ka'bah or along the sa'i track.
- Count laps and pebbles by ticking the paper boxes.
- Keep each finished model on its base until the map is ready.

The projects

1. The Ka'bah
2. Masjid al-Haram
3. Safa and Marwah
4. Mina
5. Arafah
6. Muzdalifah
7. The Jamarat
8. The Hajj journey map

Share your builds

Send us a photo of each finished build, showing the build only and no faces: by email to strivingmuslimacademy@gmail.com, through our website at strivingmuslimacademy.com/share.html, or with the WhatsApp code on the last page. We add them to our Achievement Wall, and your child can choose any one material from our shop at 50% off.

MY HAJJ AND UMRAH MODEL

What is Hajj?

Hajj is the pilgrimage to the House of Allah in Makkah. It is one of the five things Islam is built on.

Allah has made Hajj to the House a duty for every person who is able to find a way to it. Ask your teacher about the details.

Hajj takes place in well-known months of the year.

For ihram, the Prophet (peace be upon him) put on two sheets: one to cover his upper body and one round his waist.

Pilgrims say the talbiyah. The talbiyah of the Prophet (peace be upon him) was: "Labbaika Allahumma labbaik, Labbaika la sharika Laka labbaik, Inna-l-hamda wan-ni'mata Laka walmulk, La sharika Laka", which means: "I respond to Your call O Allah, I respond to Your call, and I am obedient to Your orders, You have no partner, I respond to Your call All the praises and blessings are for You, All the sovereignty is for You, And You have no partners with you."

The days of Hajj

- 8 Dhul Hijjah, the day of Tarwiyah: pilgrims go to Mina and pray there.
- 9 Dhul Hijjah, the next day: after sunrise, the Prophet (peace be upon him) went on to Arafah and stayed there until the sun had set. Then he went to Muzdalifah for the night. Ask your teacher about the details.
- 10 Dhul Hijjah, the Day of Nahr: the Prophet (peace be upon him) threw seven pebbles at Jamrat al-'Aqabah, made his sacrifice, had his head shaved and went to the Ka'bah for tawaf. He prayed for those who shave their heads and for those who cut their hair short. Ask your teacher about the details.
- 11 to 13 Dhul Hijjah, the days of Mina. Ibn 'Umar said that on the 11th and the 12th they threw pebbles after the sun had passed its highest point. The Prophet (peace be upon him) threw seven pebbles at each of the three Jamarat in turn. A pilgrim may leave Mina on the 12th or the 13th. Ask your teacher about the details.
- Before leaving Makkah: the people were told to make tawaf of the Ka'bah the last thing they did. Ask your teacher about the details.

Hajj and Umrah

For Umrah, the Prophet (peace be upon him) told his Companions to do tawaf round the Ka'bah, then go between Safa and Marwah, then cut their hair short. Umrah can be made at other times of the year too: he said that Umrah in Ramadan is equal to Hajj in reward. Ask your teacher about the details.

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MY HAJJ AND UMRAH MODEL

Shopping list

Everything in this book, by where to find it. Most families already have the things listed under At home. The project each thing is for is in brackets.

At home

- Tray (Arafah, Mina, Muzdalifah)

Stationery shop

- Blue felt-tip pen (Masjid al-Haram)
- Dark blue paper, A4 (Muzdalifah)
- Felt-tip pens: blue, orange, green and red (The Hajj journey map)
- Glue stick (The Hajj journey map)
- Glue stick or PVA glue (Masjid al-Haram, Safa and Marwah, The Jamarat, The Ka'bah)
- Grey or brown modelling clay (Arafah, Safa and Marwah)
- PVA glue (Arafah, Mina, Muzdalifah)
- Round-ended scissors (Arafah, Masjid al-Haram, Mina, Muzdalifah, Safa and Marwah, The Jamarat, The Ka'bah)
- Ruler (The Ka'bah)
- Sticky tape (Muzdalifah, The Hajj journey map, The Ka'bah)
- Yellow felt-tip pen (Muzdalifah)

Garden shop

- Dry sand (Arafah, Mina, Muzdalifah)
- Small clean pebbles, about the size of a pea (Muzdalifah)
- Small clean stones (Arafah)

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Other shops

- A strip of paper, about 18 cm by 2 cm (Mina)
- Arafah sign and sunset card (arafah-sign template), printed on thin card (Arafah)
- Courtyard circle (courtyard template), printed on thin card (Masjid al-Haram)
- Felt-tip pen (Mina)
- Hijr wall and square base (hijr-wall template), printed on thin card (The Ka'bah)
- Journey map (map-board template), printed on 2 sheets of paper (The Hajj journey map)
- Ka'bah net (kaabah-net template), printed on thin card (The Ka'bah)
- Lap counter (lap-counter template), printed on paper (Masjid al-Haram)
- Maqam Ibrahim (maqam template), printed on thin card (Masjid al-Haram)
- Pebble pouch (pebble-pouch template), printed on paper (Muzdalifah)
- Pencil (Masjid al-Haram, Safa and Marwah, The Hajj journey map, The Jamarat)
- Sa'i lap counter (lap-counter template), printed on paper (Safa and Marwah)
- Safa and Marwah track (safa-marwah-track template), printed on paper (Safa and Marwah)
- Stiff cardboard, about 20 cm by 15 cm (Mina, Muzdalifah)
- Stiff cardboard, about 22 cm by 27 cm (Masjid al-Haram)
- Stiff cardboard, about 25 cm by 20 cm (Arafah)
- Stiff cardboard, about 30 cm by 10 cm (The Jamarat)
- Stiff cardboard, about 32 cm by 12 cm (Safa and Marwah)
- Stiff cardboard, about 44 cm by 20 cm (The Hajj journey map)
- Tents (tent-net template), printed on paper or thin card (Mina)
- Three walls (jamarat-walls template), printed on thin card (The Jamarat)
- Your Ka'bah model from Project 1 (Masjid al-Haram)
- Your models from Projects 1 to 7 (The Hajj journey map)
- Your pebble pouch with 7 pebbles, from Project 6 (The Jamarat)

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